



LOST
WOODS
Animal Sanctuary

ANIMAL VEGGIES DONATION LIST

Leafy Greens and Herbs- All the Time!

- Romaine
- Greenleaf Lettuce
- Redleaf Lettuce
- Endive
- Spring Mix
- Escarole
- Carrot Greens
- Arugula
- Non-Iceberg Lettuces
- Basil
- Parsley
- Cilantro
- Edible Mints
- Dill
- Fennel
- Celery leaves
- Watercress
- Wheatgrass
- Bok Choy

Dark Leafy Greens- Sometimes

- Kale
- Mustard Greens
- Collards
- Turnip/Beet Greens
- Radish greens
- Chard
- Broccoli leaves
- Dandelion

Non-leafy, Non-Starchy Veggies- Often!

- Bell Peppers
- Sweet Peppers
- Cucumber
- Celery
- Green Beans
- Peapods (edible)
- Zucchini
- Yellow/summer Squash
- Orange-flesh squash (i.e. acorn, butternut)
- Edible Flowers (Nasturtium, rose, geranium, pansy, hibiscus, marigold)

Starchy Veg- Sometimes

- Carrot
- Sweet Potato
- Parsnip
- Corn silk and inner husks

Fruit- Occasionally

- Strawberry
- Blueberry
- Raspberry
- Apple
- Pear
- Mango
- Blackberry
- Papaya
- Cactus

WE CANNOT USE

- Onion
- Garlic
- Avocado
- Rhubarb
- Iceberg Lettuce
- Asparagus ends
- Moldy/Spoiled/Rotten Food